

Reflective Blog Writing

This workshop is introduced to help students to reflect on their learning and to develop a learning community for peer support and sharing of experiences through blogging.

Reflective Writing

Reflective writing is evidence of reflective thinking and involves,

- 1. Looking back at an event or learning opportunity
- 2. **Analysing** the event (uses different perspectives, tries to explain, references theory/practice).
- 3. **Explaining** what the event means for you and your ongoing progress as a learner and/or practising professional.

You are essentially revealing successes and mistakes, areas of strength and areas to grow.

Learning Community

Shares Learning Experiences with peers.

What?

Describe the situation: summarize

What happened or what was learned

Now What?

How did this situation affect you? What was the outcome? How will you use this in your future profession?

BLOG

Peer and tutor support during reflective process.

So What?

Interpret what is interesting, relevant, and/or important about the event. How does this relate to theory/practice? Is the event similar/different from previous experiences (consider all aspects of life: school, work, home, clubs, hobbies etc.)

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Vocabulary for Reflective Writing

So What? (Interpretation)

For me, the [most] Meaningful

Significant Important

Relevant

useful

Aspect(s) Element(s) Experience(s) Issue(s) Idea(s) Iearning Was (were)...

Arose from ...

Happened when...

Resulted from ...

Previously,

At the time,

At first,

Initially,

Subsequently,

Later,

Alternatively, this

Equally, this

	Thought (did not think)		
	Felt (did not feel)		
	Knew (did not know)		
	Noticed (did not notice)		
	Questioned (did not question)		
	Realized (did not realize)		
Might be		<u> </u>	Because of
ls perhaps			Due to
Could be			Explained by
Is probably		Related to	

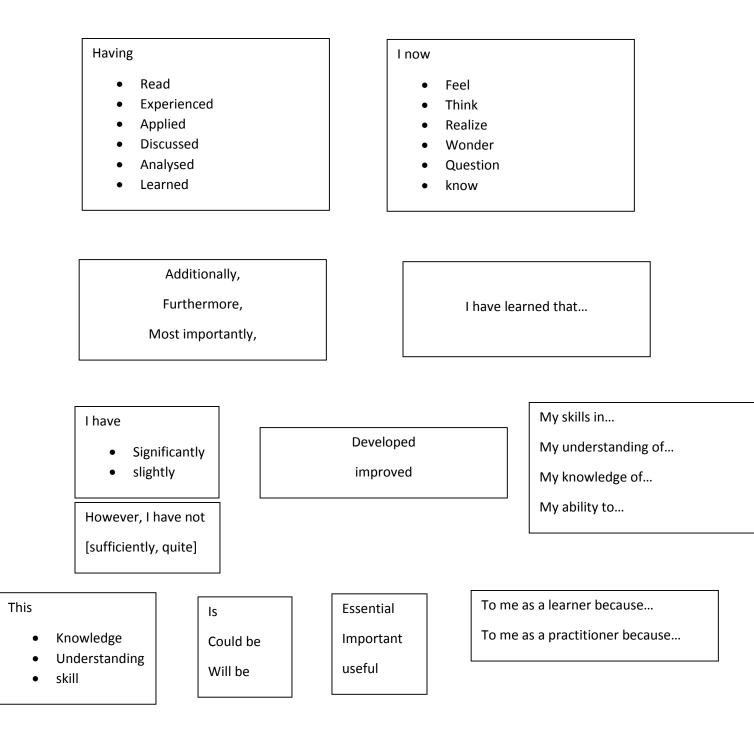
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Vocabulary for Reflective Writing

Now what? Outcome



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Because I

- Did not...
- Have not yet...
- Am not yet certain about...
- Am not yet confident about...
- Do not yet know...
- Do not yet understand...

I will now need to ...

As a next step, I need to ...

Information adapted from:

Hampton, M. (n.d.). Reflective writing: A basic introduction. University of Portsmouth

Academic Press [online]. Retrieved from http://www.

port.ac.uk/departments/studentsupport/ask/resources/handouts/writtenassignments/filetod

ownload.73259.en.pdf

Ethical Considerations:

- Blog posts are restricted to the class and the teacher/tutors
- Students must respect confidentiality and not disclose private information especially related to placement/workplace situations.