



CREENTIAL	PROGRAM CODE	AREA OF INTEREST	LOCATION	DURATION
Ontario College Diploma	Fall: 0108 Fall Accelerated: 0105	Community Services	Thunder Bay	2 -year

Overview

Recreation is important for everyone as a way to relax and keep balance in their lives. But for some with physical, cognitive, emotional and/or social limitations, recreation therapy is also a way to connect and participate with others. You can learn how to help!

Confederation College’s Recreation Therapy program will give you the skills and knowledge you’ll need to plan, implement and evaluate a wide range of leisure services for children, adolescents and adults who experience barriers to a healthy leisure lifestyle. You will learn how to work with individuals and groups of all ages to assess their needs and interests so you can encourage independent and personally fulfilling leisure lifestyles. Coursework includes therapeutic recreation, developmental psychology, communications for community services, administrative practices, physical activity leadership and recreation facilities.



Top Highlights

- 430 hours of field placement enhance in-class learning by providing hands-on experience
- Free student-memberships with Therapeutic Recreation Ontario (TRO) and Parks and Recreation Ontario (PRO))
- Program is offered as an accelerated program for those with a designated diploma or degree.
- Students have the opportunity to receive certification in Dementiability Methods



Employment Opportunities

Graduates of the Recreation Therapy program find work in a variety of settings including long-term-care, brain-injury service providers, developmental disability service providers, retirement living, government agencies, non-profits agencies, child-care, hospitals, schools, and correctional centres.



Experiential Learning

Field Placement



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Program Coordinator**

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Recreation Therapy

Admission Requirements

- Ontario Secondary School Diploma (or equivalent) with courses from the College (C), University (U), University/College (U/C), or Open (O) preparation levels with Grade 12 English (C/U) Level.
- or successful completion of the Mature Student Assessment.
- or successful completion of the General Education Development Test (GED).
- or appropriate credits from the Academic and Career Entrance program (ACE).

Accelerated Option

Recreation Therapy is also available as an accelerated program for those with a college diploma or university degree in community services or other related fields.

The courses and schedule for the accelerated option differ from those listed below. For the accelerated program's courses and schedule, please visit our website.

Alternative Pathways

If you do not meet these admission requirements, we encourage you to consider the College Access or General Arts and Science Certificate or General Arts and Science Diploma programs, or Academic and Career Entrance program (ACE); if you successfully complete one of these programs, you will be eligible to apply to programs in the Community Services and Protective Services areas.

First Semester

CS 050 College Writing
PY 299 Developmental Psychology
RT 156 Foundations of Therapeutic Recreation
RT 157 Interpersonal & Group Effectiveness
RT 158 Introduction to Therapeutic Recreation Processes
RT 159 Therapeutic Recreation & the Life Cycle
RT 160 Recreation & Leisure Options

Second Semester

CS 223 Communications for Community Services
GE General Elective
RT 253 TR Placement Preparation
RT 254 Physical Activity Leadership
RT 257 Administrative Practices
RT 259 Therapeutic Recreation and Diverse Populations
RT 260 Community Integration

Third Semester

GE General Elective
RT 336 Therapeutic Recreation Processes
RT 337 Facilitative Techniques
RT 340 Trends in Therapeutic Recreation
RT 386 Leisure Education
RT 388 Field Placement and Seminar I

Fourth Semester

RT 436 Field Placement II
RT 437 TR Field Placement Reflection



Have questions? Want to apply?
Contact recruitment@confederationcollege.ca

