

OCTOBER 2023

www.northwestworks.ca



NAVIGATING CHANGE

Change can be a challenging process for many people. Seasonal transitions can lead to changes in mental health, daily routines, schedules, illnesses, and uncertain employment. Whether you're returning to the workforce, or someone dealing with a toxic workplace, seasonal layoffs, underemployment, or struggling with the rising cost of living; let NEW help you!

PRACTICAL TIPS

- Focus on what you can control
- Manage your expectations
- Stay open to new opportunities
- Be kind to yourself
- Ask for help; you don't have to go through change alone

HOW CAN NEW HELP?

We offer a variety of employment services that cater to the needs of both individuals and employers. Our resources and supports are designed to help people secure higher-skill jobs and training opportunities. As a Community Resource Centre, anyone can access our self-service information and resources. If you are unable to visit us in person, feel free to contact us at 807-473-3829 to explore alternative ways in which we can assist you.

WAGE INCREASE

On October 1, 2023, the general minimum wage rate that applies to most provincially-regulated employees in Ontario increased from \$15.50 to \$16.55 per hour.

Northwest Employment Works is a mouthful, so just call us NEW!

UPCOMING EVENTS!

THUNDER BAY



October 4th, 2023

Renewable Forest Products Job Fair

Join us from 10:00am - 12:30pm to learn about training opportunities to get your AZ license. The event will take place at the Northwest Employment Works office - 960 William Street, Thunder Bay. Start your career with Renewable Forest Products! They are one of the largest forestry operations in Northwestern Ontario!

October 18th, 2023

LIVE Virtual - Recruitment Event!

Join Pioneer Ridge's "CTB Recruiting Hour" event on October 18, 2023 between 3:00pm and 4:00pm to learn about the long-term care employment opportunities. You will hear from the experts and learn about the various job opportunities available for registered practical nurses, registered nurses, and personal support workers. Participants will have a chance to ask questions about a career with Pioneer Ridge! Register today to join: <https://forms.thunderbay.ca/Pioneer-Ridge-Recruitment-Event>

Looking to prepare for upcoming events? To start, we recommend updating your resume. We have some helpful tips and tricks on the next page!



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RESUME TIPS



- There is no “one-size-fits-all” resume! Make sure to customize it for the job or industry you are applying for i.e., Customer Service, Hospitality, Healthcare, Engineering, etc.
- We recommend having an active job posting to reference when you are creating a resume as it allows you to match the specific skills you have with the ones the employer requires for their vacancy.
- Make sure your contact number and email address listed are active and include your full address so employers know you currently live in Thunder Bay.
- Always be truthful! Do not copy skills from online templates or friends/acquaintances if you haven't gained that skill with your own experiences. It will be very apparent during the interview process.
- Lying on your resume can lead to termination of employment and damage your reputation regardless of how long you have been working for them! Dishonesty is one of the quickest ways back to being a “job seeker”.
- Thunder Bay is a small city and word of mouth travels very fast, especially within similar industries!

JOB SEARCH TIPS

- Make sure your resume is up to date and be mindful of your spelling, grammar, capitalization and any other errors like your address, email, and phone number.
- Include skills that are transferrable to the positions you are applying for.

Visit recruiter sites

- You can conduct a very targeted search by connecting with a recruiter who can let you know about opportunities or even work on your behalf. Recruiters typically maintain their own job postings and are directly connected with employers.

Expand your search

- Do not underestimate the power of “surfing the internet”. Extensive searches lead to better employment opportunities and a greater awareness of job requirements.
- Employers' websites and job banks are excellent resources for job postings.

Do you feel like searching for work is a full-time job? Let NEW help you! Our team of knowledgeable staff will help guide your job search.

UPCOMING WORKSHOPS

On October 10th, 2023, NEW will be hosting an Employment Services Information Session. No appointment is necessary. Drop-in anytime between 8:30 a.m and 4:30 p.m. Learn how we can help you assess your strengths, learn about the local labour market and explore jobs. Stop by or call our Centre (807) 473-3829 for details.

For more resources, check out our workshop calendar on social media and get ready to rock your confidence during times of change!