



CREDENTIAL	PROGRAM CODE	AREA OF INTEREST	LOCATION	DURATION
Ontario College Diploma	Fall: 0108 Fall Accelerated: 0105	Community Services	Thunder Bay	2 -year

**Overview**

Recreation is important for everyone as a way to relax and keep balance in their lives. But for some with physical, cognitive, emotional and/or social limitations, recreation therapy is also a way to connect and participate with others. You can learn how to help!

Confederation College’s Recreation Therapy program will give you the skills and knowledge you’ll need to plan, implement and evaluate a wide range of leisure services for children, adolescents and adults who experience barriers to a healthy leisure lifestyle. You will learn how to work with individuals and groups of all ages to assess their needs and interests so you can encourage independent and personally fulfilling leisure lifestyles. Coursework includes therapeutic recreation, developmental psychology, communications for community services, administrative practices, physical activity leadership and recreation facilities.



**Top Highlights**

- 450 hours of field placement enhance in-class learning by providing hands-on experience
- Students receive a free membership with Therapeutic Recreation Ontario (TRO).
- Student receive a free membership with Parks and Recreation Ontario (PRO)
- Program is offered as an accelerated program for those with a designated diploma or degree.



**Employment Opportunities**

Graduates of the Recreation Therapy program find work in a variety of settings including hospitals, retirement homes, supportive housing complexes, correctional centres, rehabilitation/treatment centres, government agencies, long term care centres, community non-profit agencies, developmental disability service providers, school and inclusion service agencies.



**Experiential Learning**

Field Placement



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Program Coordinator**

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# Recreation Therapy

## Admission Requirements

- Ontario Secondary School Diploma (or equivalent) with courses from the College (C), University (U), University/College (U/C), or Open (O) preparation levels with Grade 12 English (C/U) Level.
- or successful completion of the Mature Student Assessment.
- or successful completion of the General Education Development Test (GED).
- or appropriate credits from the Academic and Career Entrance program (ACE).

## Accelerated Option

Recreation Therapy is also available as an accelerated program for those with a college diploma or university degree in community services or other related fields.

The courses and schedule for the accelerated option differ from those listed below. For the accelerated program's courses and schedule, please visit our website.

## Alternative Pathways

If you do not meet these admission requirements, we encourage you to consider the College Access or General Arts and Science Certificate or General Arts and Science Diploma programs, or Academic and Career Entrance program (ACE); if you successfully complete one of these programs, you will be eligible to apply to programs in the Community Services and Protective Services areas.

## First Semester

CS 050 College Writing  
PY 299 Developmental Psychology  
RT 156 Foundations of Therapeutic Recreation  
RT 157 Interpersonal & Group Effectiveness  
RT 158 Introduction to Therapeutic Recreation Processes  
RT 159 Therapeutic Recreation & the Life Cycle  
RT 160 Recreation & Leisure Options

## Second Semester

CS 223 Communications for Community Services

GE General Elective  
RT 253 TR Placement Preparation  
RT 254 Physical Activity Leadership  
RT 257 Administrative Practices  
RT 259 Therapeutic Recreation and Diverse Populations  
RT 260 Community Integration

## Third Semester

GE General Elective  
RT 336 Therapeutic Recreation Processes  
RT 337 Facilitative Techniques  
RT 340 Trends in Therapeutic Recreation  
RT 386 Leisure Education  
RT 388 Field Placement and Seminar I

## Fourth Semester

RT 436 Field Placement II  
RT 437 TR Field Placement Reflection



**Have questions? Want to apply?**  
Contact [recruitment@confederationcollege.ca](mailto:recruitment@confederationcollege.ca)

