Confederation COLLEGE

Addictions And Mental Health



Overview

Are you passionate and caring?

Are you looking for practical training that will help you have a positive impact on the lives of those with mental health and addiction challenges?

The Addictions and Mental Health graduate certificate program will empower students with the enhanced knowledge and skills needed to support the specialized needs of individuals living with mental health and addiction issues. Students will examine some of today's most promising practices including an integrated model of support and other evidenced approaches that complement the principles of recovery and the person-centered model of care.

From a trauma-informed perspective, learn to deliver responsive, culturally relevant, client-centered assessment and treatment to diverse individuals and groups in a variety of settings, including social service agencies, residential treatment centres, homeless shelters, services for women and crisis response services.



Top Highlights

- Benefit from online delivery and flexible courses that enable you to study at a time and place convenient for you
- · Learn to recognize and effectively support the diverse needs and experiences of individuals, groups, families and communities through accessible and responsive programs and services
- · Practice appropriate treatment, prevention and harm reduction strategies for those impacted by addiction and mental health issues
- Develop strategies for client advocacy and consider social policy, legislation, and political, social and economic systems to understand their impacts on service delivery in the field



Experiential Learning

Capstone Project



Employment Opportunities

There is a high demand for mental health and addictions professionals. Graduates may find employment opportunities in the addictions and mental health field as community support workers, front-line shelter workers, team leaders, housing workers, case managers, counsellors, crisis workers, addictions counsellors and mental health workers. For more details on related occupations, job market information and career opportunities, see the Government of Canada website: www.jobbank.gc.ca/home.



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Admission Requirements

In order to be considered for admission into this program, you must possess a Degree (Psychology, Social Work) or diploma (Social Services Worker, Child and Youth Worker, Developmental Services Worker, Native Child and Family Services Worker) from an accredited university or college in the field of social services, community services or health services programs.

Other Courses Recommended

Previous experience or knowledge in counselling skills.

First Semester

CD 230	Safety & Crisis Intervention
OL 063	Mental Health And Addiction Foundations
OL 065	Introduction to Counselling
OL 067	Chemical Dependency and Substance Use
	and Abuse
OL 068	Counselling Gender & Diversity

Second Semester

AD 101	Motivational Interviewing
OL 070	Community Services & Supports in ADMH
OL 077	Holistic Assessment and Interventions:
	Determinants of Health
OL 079	An Introduction to Trauma-Informed Practice
OL 660	Capstone - ADMH





